Healthcare in Port Colborne

Presentation by Bryan Boles, CAO

Healthcare Advisory Committee



Today's Presentation Outline

Recent Community Engagement Recap Establishing a Healthcare Advisory Committee Our Strategic Plan & Community Overview: Health System in Port Colborne & Niagara Healthcare Legislation, Roles & Responsibilities **Conclusion & Next Steps**



Today's Presentation Outline

Recent Community Engagement Recap Establishing a Healthcare Advisory Committee Our Strategic Plan & Community Overview: Health System in Port Colborne & Niagara Healthcare Legislation, Roles & Responsibilities **Conclusion & Next Steps**



Timeline since December 2024

Community engagement launches. Online and paper surveys, pop-up events and more.

Future of Healthcare Town Halls (Virtual and In-Person)

Feb 21-24

Advocacy letter approved and sent to Province formally asking to keep Port Colborne UCC open

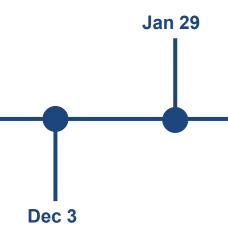
April 9

Port Colborne and Fort Erie joint media conference on summer UCC Closures

June 11

Full community engagement results delivered to Council

July 8



Council receives presentation from Niagara Health:

- \$6.2-million local share request
- Proposal from Lockview Medical Group
- Council directs community engagement

Feb 19-20

Community open houses to gather feedback from residents on future of healthcare in Port Colborne

Mar 25

Council receives mid-point engagement results

- Establishes Healthcare Advisory Committee
- Directs provincial advocacy letter

June 9

Niagara Health announces weekend closures of Urgent Care Centre.

June 12

Healthcare Advisory Committee holds inaugural meeting, elects Chair and Vice-Chair

Engagement Plan Goals & Objectives



Inform the community

Ensure the community has clear, transparent, and accessible information about the proposed partnership.



Gather feedback

Provide residents
with a wide range
of in-person and
virtual channels so
they can freely
share their
thoughts and
ideas.



Promote inclusion

Actively involve diverse community voices to facilitate conversations and representation from often underrepresented groups.



Identify concerns and opportunities

Review feedback to highlight areas of alignment and identify potential improvements or alternatives to the proposal.



Ensure transparency

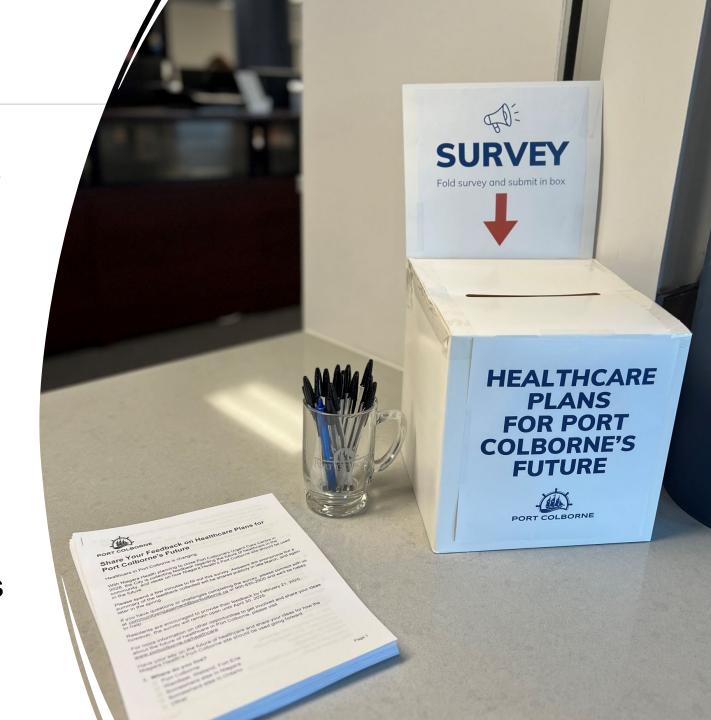
Provide the community with access to the feedback collected to demonstrate how this information informs Council's decision-making.



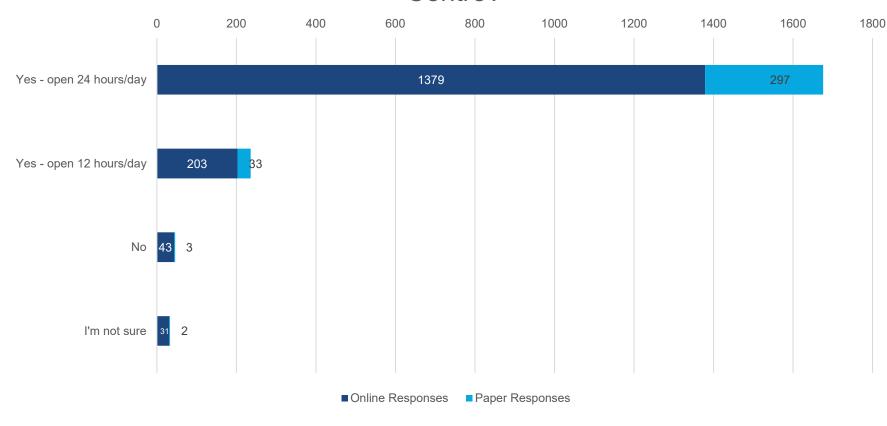
Survey Quick Stats

- Between January 29 April 30
- 2,012 people completed the survey
 - 1,669 online surveys completed
 - 343 on paper surveys received
- 10,836 open-field comments
- Average time to complete:
 13 minutes (online survey)
- Estimated completion rate:
 72.5% (online survey)
- 86% of respondents were residents of Port Colborne





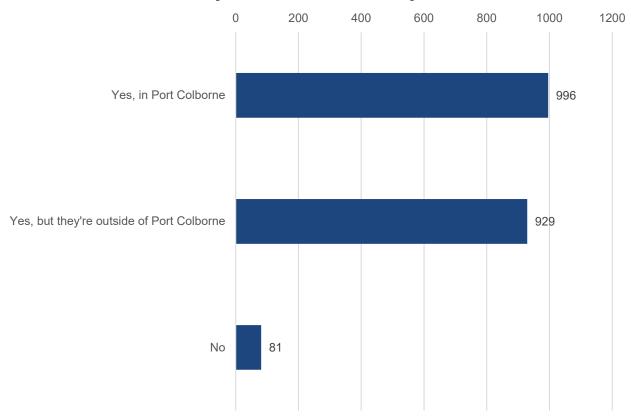
Q11. Do you think Port Colborne requires an Urgent Care Centre?



84% of respondents reported they thought Port Colborne requires an Urgent Care Centre open 24 hours per day.



Q2: Do you have a family doctor?

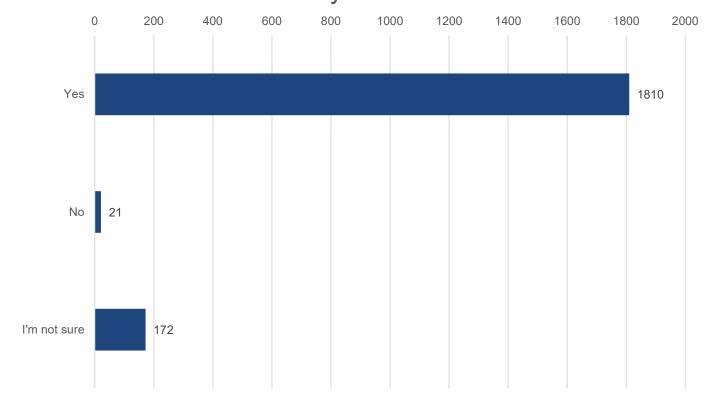


50% of respondents reported they had a family doctor in Port Colborne.

46% of respondents reported their family doctor was located outside Port Colborne.



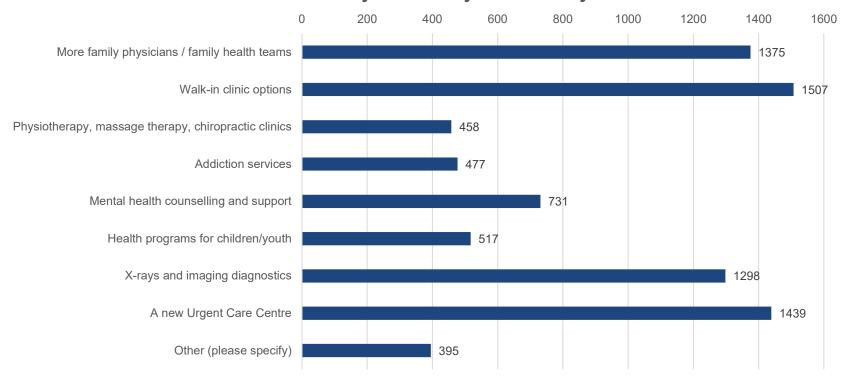
Q3. Do you think Port Colborne needs more family doctors?



90% of respondents reported they thought Port Colborne needed more family doctors.



Q14. When the Port Colborne Urgent Care Centre closes, do you think Port Colborne requires more healthcare options? What options would be most beneficial to you and your family?



Respondents supported a variety of healthcare options being available in Port Colborne, including more family physicians and family health teams, more walk-in clinics, more diagnostics, and a new Urgent Care Centre.



Healthcare services in Port Colborne

Comprehensive Healthcare Services

Respondents highlighted the need for a variety of healthcare services, including walk-in clinics, diagnostic imaging (X-rays, MRIs, ultrasounds), and emergency care.

Support for Expanded Services

There was support for incorporating more nurse practitioners, social workers, and mental health services to provide comprehensive care.

Community Health Programs

Respondents expressed a desire for more community health programs, including seniors care, palliative care, hospice, and home care support.

Growing Population

Awareness of Port Colborne's growing population and future need for healthcare resources.



Survey: Additional Insights

- Concerns about travel, long wait times at
 Emergency Departments and outpatient
 services and impact on vulnerable populations
- Requests for the expansion of local community healthcare services
- Additional primary care providers-half don't have a primary care provider in Port Colborne
- More Walk-in Clinics/After-hours services,
 Diagnostic Imaging, and Urgent Care.

- 84% of respondents feel Port Colborne requires an Urgent Care Centre open 24 hours per day.
- 64% of respondents reported that they had used health services at the Port Colborne
 Urgent Care within the last year

Visit <u>www.portcolborne.ca/healthcare</u> for full survey results and insights.



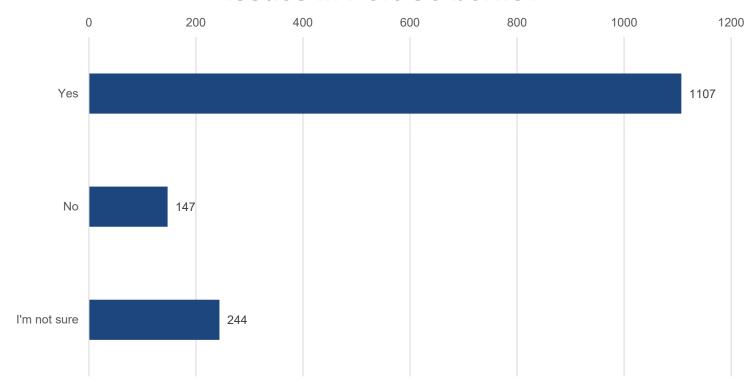
Today's Presentation Outline

Recent Community Engagement Recap Establishing a Healthcare Advisory Committee Our Strategic Plan & Community Overview: Health System in Port Colborne & Niagara Healthcare Legislation, Roles & Responsibilities **Conclusion & Next Steps**



Survey Highlights: Healthcare Advisory Committee

Q27. Do you think Council should formally establish a committee to advise on healthcare issues in Port Colborne?



74% of respondents supported the establishment of a committee to advise on healthcare issues in Port Colborne



Establishing a Healthcare Advisory Committee

General Support

Representation & Transparency

Community Involvement

Skepticism & Concerns

PORT COLBORNE

Respondents thought a committee would provide a platform for diverse voices and would ensure residents' needs are considered.

Respondents want a transparent committee that includes a diverse group of people, including residents, healthcare professionals, and local leaders. The committee will publish key points from meetings and avoid closed-door sessions.

The importance of involving the community in decision-making processes was emphasized. Residents should have a say, and their input should be valued.

Some residents thought the committee could be a waste of resources, noting it may not be positioned to make change at the local government level.

Council Recommendations and Action Items

- That Council direct the Healthcare Advisory Committee to propose a draft Healthcare Services Strategy by the end of 2025
- That Council approve the motion regarding Provincial Healthcare
 Advocacy as outlined in a <u>letter sent to the province on April 9, 2025</u>
- That Council direct staff to forward the petition regarding the Port
 Colborne Hospital and Urgent Care Centre received at the March 11, 2025
 Council meeting to the Ontario Minister of Health



Mandate & Composition of the Committee

Mandate

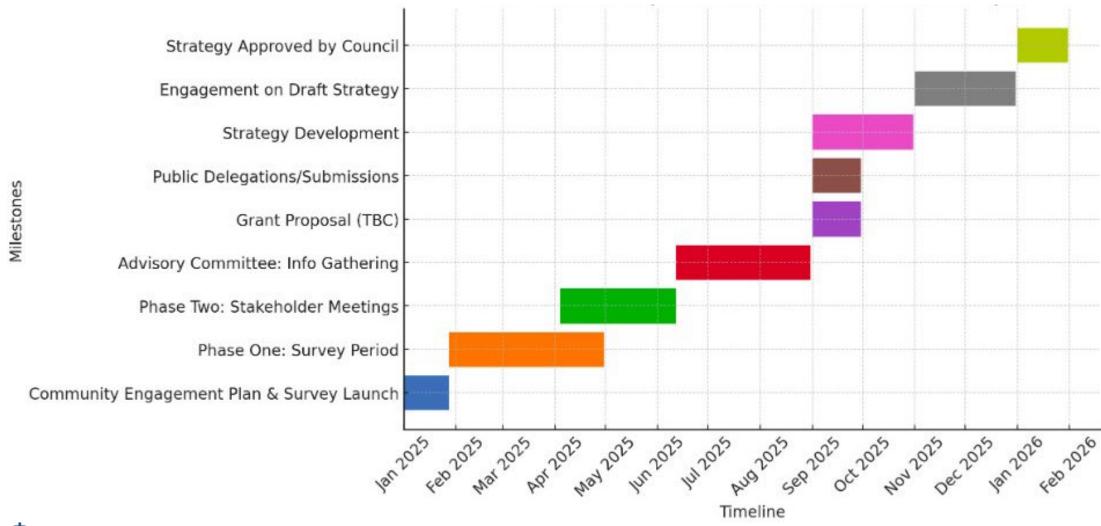
 Work to ensure the residents of Port Colborne have access to healthcare and associated community and healthcare services that are required within the community

Key Deliverables

- Develop and recommend to Council a comprehensive, evidence-based, and attainable, healthcare services strategy that includes core key performance indictors to measure success
- An assessment of the alignment of healthcare service proposals, initiatives and opportunities and their alignment with a Council approved healthcare service strategy
- A comprehensive upper level of government relations strategy to support the achievement of a Council approved healthcare service strategy; and
- Public engagement to support the work of the Committee in fulfilling its mandate



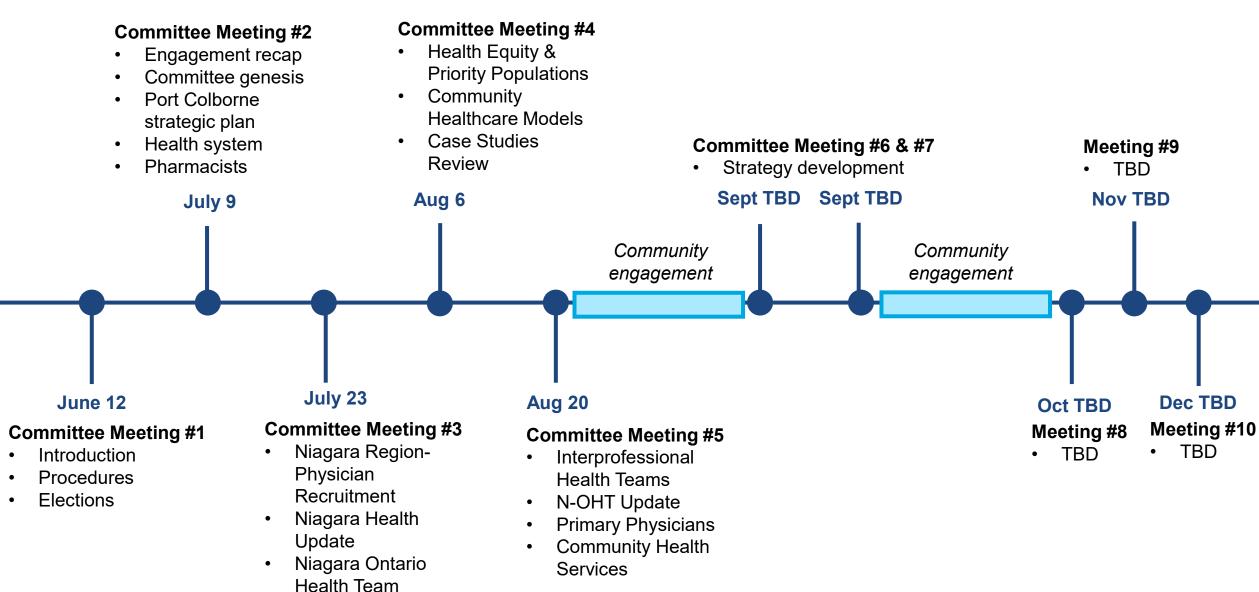
Strategy Development: Potential Timeline





Meetings & Suggested Agenda Overview

Presentation



Today's Presentation Outline

Recent Community Engagement Recap Establishing a Healthcare Advisory Committee Our Strategic Plan & Community Overview: Health System in Port Colborne & Niagara Healthcare Legislation, Roles & Responsibilities **Conclusion & Next Steps**



Vision, Mission & Corporate Values

Vision Statement:

A healthy and vibrant waterfront community embracing growth for future generations.

Mission Statement:

To provide an exceptional small-town experience in a big way.

Corporate Values

- Integrity We interact with others ethically and honourably
- Respect We treat each other with empathy and understanding
- **Inclusion** We welcome everyone
- **Responsibility** We make tomorrow better
- **Collaboration** We are better together





Alignment with the Strategic Plan



Environment & Climate Change



Welcoming,
Livable &
Healthy
Community



Economic Prosperity



Increased Housing Options



Sustainable & Resilient Infrastructure





Welcoming, Livable & Healthy Community



WELCOMING, LIVABLE, AND HEALTHY COMMUNITY

Goal:

To support our community health

Measures:

- Invest in physician recruitment activities to reach 14 family physicians by 2026
- Facilitate partnerships that provide funding for health and social programs

Insights Primary Physicians

- Today we have 10 family physicians
- We have \$300,000 set aside for family physician recruitment
- We hear space is a constraint to family physician recruitment
- The figure of 14 was determined using a model of approximately 1,400 patients per family physician
- Family physician patient loads can be higher depending on the primary care delivery model and the interprofessional health team they have available



Welcoming, Livable & Healthy Community



WELCOMING, LIVABLE, AND HEALTHY COMMUNITY

Goal:

To support our community health

Measures:

- Invest in physician recruitment activities to reach 14 family physicians by 2026
- Facilitate partnerships that provide funding for health and social programs

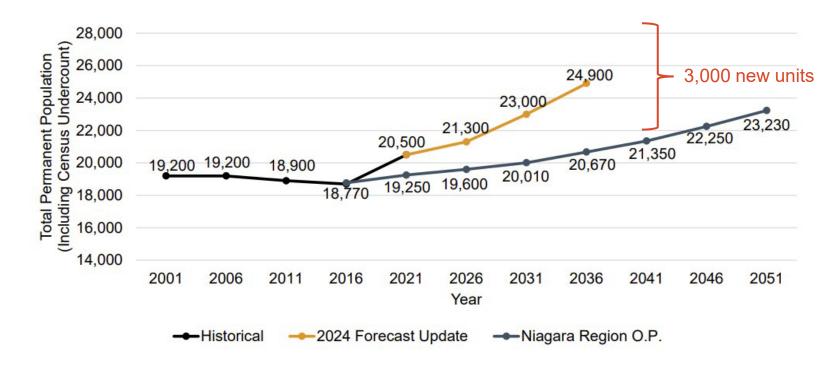
Insights Partnerships

- The private sector has indicated a willingness to build new and/or expand existing healthcare space
- Depending on location, the Community Improvement Plan (CIP) can provide financial incentives to support the development of that space



Population Forecast

City of Port Colborne - 2021 to 2036



Source: Historical derived from Statistics Canada Census, 2001 to 2021, Niagara Region O.P. Update from the Niagara Region 2022 Official Plan and supporting background technical work, and 2024 Forecast Update by Watson & Associates Economists Ltd.



Insights

- We see approximately 60,000 unique visitors annually
- Our population doubles to approximately 40,000 people in the summer

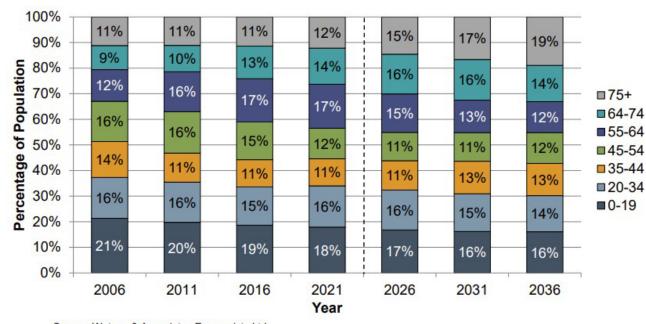


Population Forecast

Permanent Population Forecast by Age Group

City of Port Colborne - 2021 to 2036





Source: Watson & Associates Economists Ltd.

The majority of age groups are forecast to experience noticeable growth over the next 15-years. However, the City of Port Colborne population is aging, between 2021 and 2036 the percentage of persons 75+ years of age and older is forecast to increase from 12% to 19%.

The 75+ age group is the fastest growing cohort with annual forecast population growth rate of 4.3%.



Social Economic Factors

Education

	Port Colborne	Province of Ontario
No certificate, diploma or degree	19%	15.3%
High School	35%	27.2%
Post secondary	46%	57.5%

Median Household Income

Port Colborne \$70,000

Province of Ontario \$91,000



Source: Stats Canada

Hospital and Emergency Departments in Niagara Region

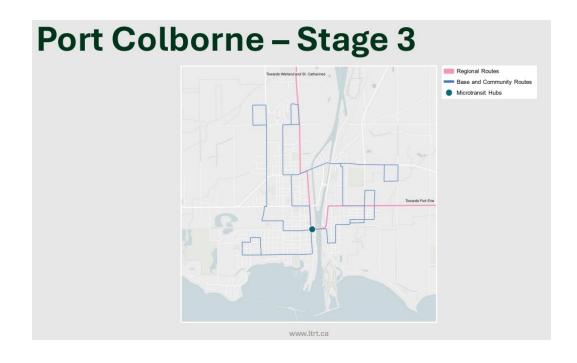


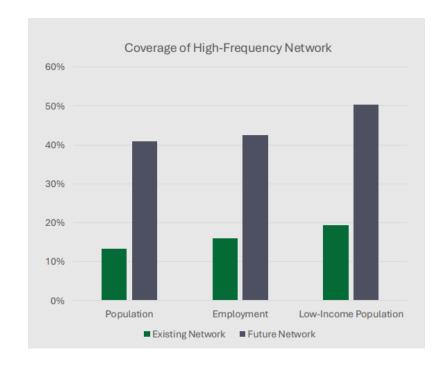
Location	Driving	Transit
Welland Hospital	16 mins	21 mins
South Niagara Hospital	23 mins	N/A
Niagara Falls Hospital	33 mins	1h 27mins
Haldimand War Memorial Hospital	33 mins	N/A
Marotta Family Hospital	36 mins	1h 44mins
West Lincoln Memorial Hospital	50 mins	N/A

Origin: Port Colborne City Hall Sourced from Google Maps

Transit

15-Minute Coverage by 2035





NTC 4-2025 Tuesday, May 20, 2025 3:00 p.m.

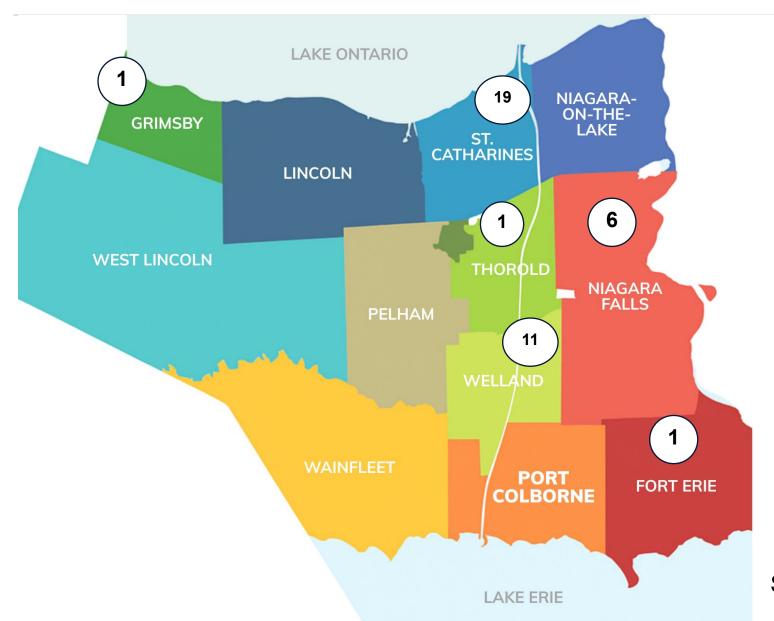
Niagara Transit Commission Minutes NTC 3-2025

Tuesday, April 15, 2025





Primary Care Providers accepting patients in Niagara



- **39** family doctors are currently accepting new patients:
- **3** Community Health Centres are accepting new patients:
- Bridges Community Health Centre, Port Colborne
- Centre de Santé
 Communautaire (Services in French), Welland
- De dwa da dehs nye>s
 (Services for Indigenous
 and those with Indigenous
 ancestry), St. Catharines

Source: Find a Doctor Niagara Region

Port Colborne: Healthcare Services Overview

Primary Care

- Family Health Teams (Family Doctors)
- Bridges Community Health Centre
- Pharmacy's
- Nurse Practitioners (NP's)
- Physician Assistants (PA's)
- Naturopathic Doctors

Interprofessional Health Services

- Physiotherapists
- Occupational Therapists
- Chiropractors
- Massage Therapists
- Acupuncturists

Specialists

- Vision
- Speech
- Geriatric

Port Colborne Complex and Urgent Care Centre

- Urgent Care Centre
- Complex Care
- X-ray and Ultrasound
- Mental Health and Addictions Services
- Scheduled Ambulatory Care/Outpatient Clinics (Physio, Hepatitis C Care, Eating Disorder and more.)

Emergency Services

- Welland Hospital Emergency Department
- Port Colborne Fire Department
- Niagara Regional Police
- Niagara EMS
- POCOMAR

Ontario Breast Screening Program (OBSP)

Hamilton Health Sciences-Mobile Cancer Screening Coach

REACH Niagara

QUEST Community Health Centre



Today's Presentation Outline

Recent Community Engagement Recap Establishing a Healthcare Advisory Committee Our Strategic Plan & Community Overview: Health System in Port Colborne & Niagara Healthcare Legislation, Roles & Responsibilities **Conclusion & Next Steps**



1940s-1990s: Era of Local Hospital-Based Care

- Residents of Port Colborne began organized community fundraising for their hospital with the formation of the Port Colborne Site Auxiliary in the late 1940s
- This volunteer-led group played a major role during the opening of the new hospital facility in 1951, serving tea to around 3,600 attendees and engaging the broader community in support efforts
- The City donated the land and the general population participated in a community share program

- The Port Colborne General Hospital, established in the post-war boom, was a cornerstone of healthcare for residents of Port Colborne and the surrounding rural communities, and operated as a full-service community hospital with inpatient beds, a 24/7 emergency department, maternity services, diagnostic imaging, and general surgery.
- The hospital was municipally significant not only as a care provider but also as a major local employer and symbol of community independence.



1990s–2000s: Regionalization and Service Reduction

- In the 1990s, Ontario's healthcare system began moving toward regional consolidation.
- The creation of the Niagara Health System (NHS) in 2000 brought together multiple hospitals and boards under a single administration.
- As a result, services were centralized to larger regional sites.

- Port Colborne General saw a gradual reduction in services, including the closure of its emergency department and inpatient beds.
- These decisions were met with strong public opposition and local advocacy efforts aimed at preserving community-based care.



2008–2010: Hospital Improvement Plan and Urgent Care Transition

- In response to public concern and operational challenges, NHS released its Hospital Improvement Plan (HIP) in 2008, which formally transitioned the Port Colborne site into a Complex Care and Urgent Care Centre (UCC).
- The UCC opened in 2009, providing walk-in access to non-life-threatening urgent medical care, diagnostic services, and limited hours of operation.

Though it filled a gap left by the loss of the emergency department, the shift marked a profound change in how Port Colborne residents accessed urgent and primary care.



2010s to 2020s: Rising Demand, System Strain, and Primary Care Gaps

- Over the following decade, Port Colborne's population aged significantly. By 2021, more than 25% of residents were over 65.
- At the same time, family physician shortages, limited specialist access, and increased dependence on the UCC for primary care, strained the local system.
- The earlier closures of obstetric and surgical services meant residents had to travel to Welland or St. Catharines for hospital-based care.
- Socioeconomic challenges including lower household incomes, high rates of low-income seniors, and food insecurity – have further compounded healthcare access issues.



Niagara Health's Master Plan Journey



2009 2014-2015 2015 2000 2011 2012 2013 1999 Fort Erie and Master Plan Provincial Niagara Health **Planning** Amalgamation Ontario Ministry of Ontario Port Colborne St. Catharines changed to submitted to MOH Health Service Health (MOH) Supervisors final of Niagara Hospitals were Hospital opens. reflect Welland based on **Health Sites** report recommends Restructuring appoints Provincial converted into Hospital to stay Supervisor of a regional model recommendations **Urgent Care** with 2 hospital sites from Supervisor's Niagara Health. open. Centres (North & South report. Recommendation sites) and closure of includes keeping the Fort Erie, Port Welland Hospital Colborne and open. Welland sites.

2017

Niagara Health receives approval from MOH for the South Niagara Site Capital Project as a first project supporting and endorsing the Master Plan.

2021

South Niagara Site Request For Proposals (RFP) released in partnership with Infrastructure Ontario.

2023

- 2023-2028 Transforming Care Strategic Plan South Niagara Hospital RFP awarded to EllisDon Infrastructure Healthcare.
- Construction began on the South Niagara Hospital in summer 2023.

2024

- Welland Hospital renovations and pre-capital submission to Ministry of Health.
 Niagara Health presents to
- Niagara Health presents to Port Colborne City Council about a unique partnership opportunity and local share request for the South Niagara Hospital.

2028

Transfer of hospital-based programs and services from the Niagara Falls, Fort Erie and Port Colborne sites to the South Niagara and Welland Hospitals.

2028

Hospital!

Opening of the new South Hospital!

2030+



Source: Niagara Health

Today's Presentation Outline

Recent Community Engagement Recap Establishing a Healthcare Advisory Committee Our Strategic Plan & Community Overview: Health System in Port Colborne & Niagara **5** Healthcare Legislation, Roles & Responsibilities **Conclusion & Next Steps**



Who is responsible for healthcare?

- Healthcare delivery and funding in Ontario is complex because it involves multiple layers of responsibility shared between the provincial government, local providers, and federal partners.
- While the province funds and regulates most services - like hospitals, primary care, and long-term care - delivery is carried out by a mix of public, non-profit, and private organizations.
- Ontario Health oversees system coordination, but services are delivered locally through hospitals, Ontario Health Teams, and community agencies.
- Funding flows through a combination of global budgets, service-based payments, and targeted grants, making the system both adaptive and difficult to navigate.



Emergency Services and Paramedicine

Canada Health Act (1985)

Canadian Charter of Rights & Freedoms (1982)

Private Businesses

The Primary Care Act (2025)

Provincial Government

Ontario Health

Healthcare in Ontario

Public Health Local

Government **Agencies**

Public Health Agency of Canada Act (2006)

Municipal Social Services and Community Support

> Controlled Drugs and Substances Act (1996)

Federal Government

Ontario Primary Care Action Plan Ontario Ministry of Health

Housing

Health Protection and **Promotion Act**

Accessible Canada Act (2019)

Non-Profit **Organizations**

Department of Health Act (1996)

Municipal Government Niagara Ontario Health Team-**Equipe Sante**

Public Health Ontario



Connected Care for Canadians Act (2024)

Healthcare Legislation: Provincial

The Primary Care Act (2025): Sets out six clear objectives for Ontario's publicly funded primary care system which will ensure people know what they can expect when connecting to primary care:

PROVINCE-WIDE

Every person across the province should have the opportunity to have ongoing access to a primary care clinician or team.

CONNECTED

Every person should have the opportunity to receive primary care that is coordinated with existing health and social services.

CONVENIENT

Every person should have access to timely primary care.

INCLUSIVE

Every person should have the opportunity to receive primary care that is free from barriers and free from discrimination.

EMPOWERED

Every person should have the opportunity to access their personal health information through a digitally integrated system that connects patients and clinicians in the circle of care.

RESPONSIVE

The primary care system should respond to the needs of the communities it serves and everyone should have access to information about how the system is performing and adapting.



Healthcare Legislation: Provincial

- Ontario Primary Care Action Plan:
 Mandate: 100% of people in Ontario are attached to a family doctor or a primary care nurse practitioner working in a publicly funded team, where they receive ongoing, comprehensive, and convenient care.
- Health systems with robust primary care systems have better health outcomes, lower healthcare costs, and more equity.

- Primary care visits are 33% of the cost of a visit to an emergency department in Ontario
- By providing care in the community, primary care reduces reliance on costly parts of the system such as emergency departments and hospitals.

We understand there will be an opportunity for funding proposals to improve primary care



Ministry of Health vs Ontario Health vs N-OHT

- Ministry of Health The provincial government department responsible for overseeing, funding, and shaping the healthcare system to serve the needs of Ontarians.
- Ontario Health is a super-agency coordinating Ontario's entire health system
 - Oversees hospitals, home care, primary care, mental health, long-term care
 - Supports Ontario Health Teams (OHTs) local provider networks delivering integrated care
 - Manages provincial programs like cancer screening, digital health, and supply chain
 - Leads regional operations through Chief Regional Officers
 - Focus is on better coordination, improved access, system-wide accountability

- <u>Niagara Ontario Health Team-Equipe Sante</u> is a partnership of the Niagara region's health and social care providers organized under the Province's Ontario Health Teams initiative.
 - Works to create an inclusive, efficient health and social care system that integrates and streamlines the delivery of healthcare and social services
 - Helps Niagara residents access the care they need and improve the overall experience and health outcomes for Niagara's residents.



Social Determinants of Health

Social determinants of health (SDOH) are the non-medical factors that influence a person's health outcomes. These are the conditions in which people are born, grow, live, work, and age, and they shape both individual well-being and population health.

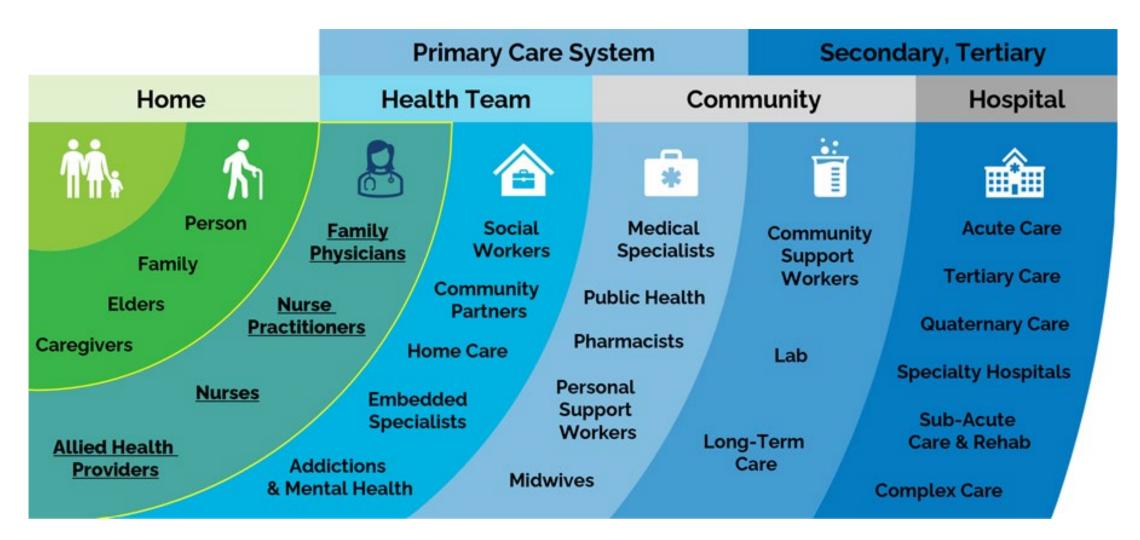
- Income and Social Status
- Employment and Working Conditions
- Education and Literacy
- Childhood Experiences
- Physical Environments
- Social Support Networks
- Access to Health Services
- Culture, Race and Racism
- Gender Identity and Sexual Orientation
- Food Insecurity

In Ontario, these are core to health equity planning. Populations disproportionately affected by negative SDOH include:

- Indigenous peoples
- Racialized communities
- Low-income households
- People with disabilities
- Seniors
- Newcomers and refugees



Primary Care System vs Secondary and Tertiary





Today's Presentation Outline

Recent Community Engagement Recap Establishing a Healthcare Advisory Committee Our Strategic Plan & Community Overview: Health System in Port Colborne & Niagara Healthcare Legislation, Roles & Responsibilities **Conclusion & Next Steps**



Conclusion: Current State

- Council's position: The UCC needs to stay open
- Funding for healthcare is decided at a provincial level
 - Port Colborne is viewed as a component of a larger health system
- Niagara Health has a pre-established path to close the UCC by 2028
- The province has announced the opportunity to submit applications for funding is coming and we understand local physicians are planning to apply
 - Our local primary care physicians support improved primary care

- The number of primary care physicians is dependent on the interprofessional health services supporting them
- Port Colborne barriers to healthcare
 - Social economic (Aging population, education and household income)
 - Space for primary care physicians and interprofessional health services
 - Transportation out of the city (To emergency departments, specialists, medical imaging etc.)
 - Geographical location in the region (Further away from centralized services)



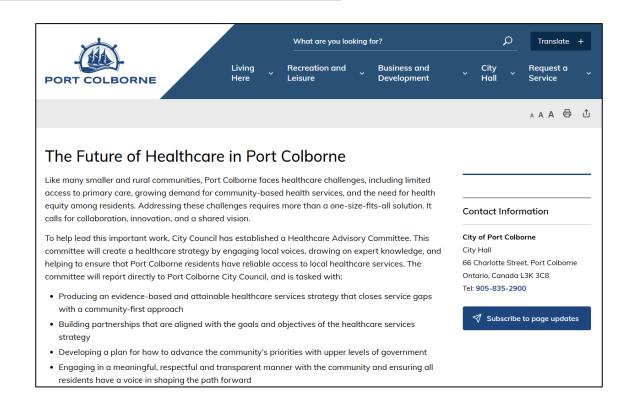
Conclusion: Ongoing Work

Ongoing

- Physician Recruitment
- Support for Pathstone and Memory Clinic
- Healthcare space development
- Transit and transportation infrastructure advocacy
- Regional, Provincial and Federal Government advocacy
- Outreach to partner agencies, community health services, local healthcare providers, businesses

Internal Committees

- Healthcare Advisory Committee
- Seniors Advisory Committee
- Social Determinants of Health Committee
- Mayor's Youth Advisory Committee



Webpage-The Future of Healthcare in Port Colborne

Subscribe to receive latest updates



Next Steps

Supporting the Healthcare Advisory Committee

Mandate

 Work to ensure the residents of Port Colborne have access to healthcare and associated community and healthcare services that are required within the community

Key Deliverables

- Develop and recommend to Council a comprehensive, evidence-based, and attainable, healthcare services strategy that includes core key performance indictors to measure success
- An assessment of the alignment of healthcare service proposals, initiatives and opportunities and their alignment with a Council approved healthcare service strategy
- A comprehensive upper level of government relations strategy to support the achievement of a Council approved healthcare service strategy; and
- Public engagement to support the work of the Committee in fulfilling its mandate



Thank you!

